John the Baptist and Jesus are very different and very similar. John forcefully pushes moral purity codes and promises damnation to any who do not tow-the-line. His message is that we need to be pure first in order for God to dwell with us. Jesus gently asserts that God dwells with us (this is an objective given) and no one and nothing can change this reality. He says that we need to first know that God dwells with us and then a moral life naturally follows.

Their similarity comes in their insistence that we practice - do - rather than simply think. Jesus and John know that practicing a way of life leads to a change in our thinking; but thinking alone cannot change our lives. Unfortunately, since the 12th century our faith has become more about thinking and less about doing.

The approach of John the Baptist, with his emphasis upon moral purity and discipline, provides us with a container. It sets the boundaries that allow us to measure our progress and to keep our feet in the fire. His approach is important and necessary. We need a container and we need boundaries. It is, however, only the container. It is not the content.

Practicing to live in the container eventually leads us to know that there is more; that there is content in the container. Thinking only, too often leads us to mistake the container for the content. We end up, as a

result, over-emphasizing worshipping Jesus Christ instead of also practicing the way of life that Jesus models for us. Thoughts alone have no power to transform us.

When we practice — do, we have a greater opportunity to recognize that the container isn't the content, it is holding the content. The content is our knowing that God dwells with us. It is our knowing more unions and fewer divisions. It is our knowing more the sameness that we all share God dwelling with us and less the differences that we are self-sufficient and independent. It is our knowing more that we are loved as we are and less that we are unlovable in our state of impurity. It is our knowing that we are God's image now and a greater acceptance that God's likeness is probably eschewed.

Jesus models for us that frees us to know transformation. It is our willingness to practice living as Jesus models for us that frees us to know healing at our deepest levels. It is our willingness to practice living as Jesus models for us that frees us to know healing at our deepest levels. It is our willingness to practice living as Jesus models for us that frees us to know love and removes fear. It is our choice. It is a daily choice. It is most probably the reason that we are encouraged to pray — do — each day.